



Bowls Scotland Return to the Green COVID-19 Guidance 2021

APPENDIX 1: LEVEL 4 GUIDANCE

Introduction

1. The guidance within this appendix is applicable to bowling club facilities where Scottish Government have identified the requirement for **Level 4** restrictions to be applied.
2. This guidance is not applicable to professional or performance sports activity which is approved through the 'Resumption of Performance Sport' process by Scottish Government or **sportscotland**.
3. The information outlined below should be used in conjunction with, and where appropriate supersede, the Bowls Scotland Return to the Green COVID-19 Guidance 2021.
4. It is the responsibility of the clubs COVID officer to ensure that full risk assessments, processes and mitigating actions are in place before any bowling activity takes place and to check if the activity is in an area which is subject to additional Scottish Government localised measures and restrictions.
5. Where a local outbreak has been reported, clubs should review their risk assessment and consider if additional mitigating actions should be put in place to reduce risk. This may, for example, include suspending activity, enhancing hygiene and physical distancing measures, or introducing additional activity restrictions.
6. Be aware that the Scottish Government may update or change Levels and restrictions at any time, including the local areas subject to them. Therefore, COVID officers should regularly check Scottish Government advice and guidance relating to local outbreaks and measures at [Coronavirus \(COVID-19\): Local Protection Levels](#).

Travel Restrictions in Level 4 areas

7. Children and young people may travel to and from a Level 4 area, if for example, they belong to a club which is outside their own local government area.
 - 7.1 This flexibility is to allow children and young people to take part in sport or organised activity, but they should travel no further than they need to.
 - 7.2 If attending a sport/activity in a Level 3 area or below, Level 4 guidance will apply to the whole activity e.g. 12 to 17-year-old outdoor activity should be restricted to non-contact and include a maximum of 15 participants.
8. Adults living in a level 4 local authority area may travel to and from a Level 4 area if for example they belong to a bowling club which is just outside their own local authority area. They should however travel no further than necessary.
9. When taking part in sport, exercise or recreation participants should at all times follow [Scottish Government guidance](#)

Bowling Activity

10. Clubs in Level 4 areas may continue to open their greens and facilities if documented risk assessments are undertaken and all appropriate mitigating actions including the guidance herein is put in place to ensure the safety of participants, staff, and volunteers. Please also refer to additional guidance produced by **sportscotland** at: [Getting Your Facilities Fit for Sport](#).
11. An outdoor 'bowling bubble' for can consist of up to 15 people, including coaches, at any one time. **This applies to both adult and youth bowling activity.** Physical distancing should always be maintained.

Club House Facilities

12. Indoor sport and leisure facilities including club houses, changing rooms and activity areas should remain closed at Level 4. Exemptions are available as noted below.
13. Public Toilets
 - 13.1 Clubs may open indoor toilets for public use if they follow Scottish Government [Opening Public Toilets Guidelines](#).
 - 13.2 Public toilets are defined as any toilets accessible to the public. The opening of toilets should be accompanied by local risk assessment, and control measures should be proactively monitored by operators.
 - 13.3 All appropriate cleaning procedures and equipment/disinfectant should be provided as per Health Protection Scotland guidance.
14. Storage Areas & Lockers
 - 14.1 One off access to storage areas and locker rooms is permitted to retrieve personal equipment which is essential for an activity to be undertaken. Personal equipment should not be returned to these areas.
 - 14.2 Where equipment cannot reasonably be taken home and is stored on site, access to retrieve and return such equipment to storage areas is allowed if appropriate risk assessments are undertaken.
 - 14.3 Risk assessments should include mitigating actions to reduce the risk of virus transmission such as individual access, booking slots and cleaning/hygiene protocols.
15. Access to the Green

Where external access to outdoor sports facilities is not possible, access through the club house can be provided if suitable risk assessments and safety measures are put in place. These should include restricting access to one person at a time, ideally with a one-way system in operation, and no contact with hard surfaces such as door handles. Persons moving through the area should not stop or congregate at any time.

Hospitality

16. Additional restrictions are in place for hospitality businesses with Level 4 areas subject to bar and café closures. Clubs providing catering or bar services should refer to Scottish Government guidance for applicable guidance including takeaway services. [Coronavirus \(COVID-19\): tourism and hospitality sector guidance.](#)